

## LIFE Group Discussion Guide

June 25, 2017

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Sermon Title: Gratitude

Sermon Series: Transformed

Sermon Text: N/A

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### Open

1. What is something you are grateful for today?
2. Why is gratitude an important element of our faith? How might more gratitude increase or illuminate our faith?
3. Are there things in your life you are more grateful for than others? How does this shape your worldview?

### Dig

1. Let's read Psalm 103.
2. In today's sermon we discussed that gratitude is not something that can be manufactured, but is the perception of good. How does this, in light of Psalms 103, hit you?
3. What "good" has humanity been shown from God?
4. If gratitude grows humility, is our culture at risk? In what ways do we feel we are entitled to something? What things are those and are right in thinking this way?
5. Read Romans 1:21: "For although they knew God, they neither glorified him as God nor gave thanks to him, but their thinking became futile and their foolish hearts were darkened."
6. How can you know God but not be thankful?
7. A rabbi once said, "one is obligated to say a benediction over evil as well as a benediction over good." Do you agree with this statement? Why?
8. As transformed believers in Jesus Christ we have the greatest gift that was ever given, what are you doing to share that gift with others?

### Reflect

1. The first experiment that Payton challenged us with was to write a "gratitude letter" to someone who has impacted your life for good. Do you have anybody in mind that you could write to, and what are you grateful for them about?
2. The second experiment Payton gave was to consider and pray over your own blessings. Doing a live version of this, what are you grateful for in your life? What are you grateful for today?
3. Pray together that the Lord will open our eyes to the abundance of blessings we have in our life and that we can live in full gratitude for the gift of Jesus Christ.